

# MODELS DIET



*with*  
**NINA  
DANIELS**

***MEDIA KIT***

[WWW.NINADANIELS.COM](http://WWW.NINADANIELS.COM)

# MODELS DIET

LIFESTYLE PODCAST



## about models diet

Models Diet hosted by Nina Daniels is a weekly one stop shop lifestyle podcast where we help you elevate your lifestyle in your diet, home, leisure, fitness, and fashion. Nina believes one's diet influences their lifestyle. She should know, Nina has been on dozens of diets, too many to count, and realized the word is taboo. Yet diet and weight loss is said to be a \$71 billion industry. Nina enjoys having an unfiltered and unbiased discussion about the hottest diets trending today and encourages her listeners to chime in with their experiences and thoughts on her blog.

## the team

### Nina Daniels

**Creator - Host - Executive Producer - Theme Song - @theninadaniels**

Is a highly organized homemaker, health enthusiast, philanthropist, rose gold obsessed, content creator, podcaster, actress, and comedian from Long Island, NY. Nina's viral video, "My Man Is a Jewmaican" has been featured on Funny or Die, Whohaha, Youtube and Instagram.

Director/Actress/Writer Elizabeth Banks tweeted, "The Jewmaican Jam You Didn't Know You Needed...Jewmaican cello jam." Nina's TV appearances include **Maron IFC, Shameless, FOX Punchline** and **The Last O.G.** with Method Man and Tracy Morgan. She is also a regular at The Stand NYC, Hollywood Improv, DC Improv, Carolines on Broadway and can be seen at your favorite theaters and comedy clubs across the country.

### Fallon Jethroe

**Executive Producer - @fallonjethroe**

Is an unscripted television producer and podcast producer. Her most recent work was as Executive Producer on the **Positively Gam Podcast, Let's Table That,** and **Navigating Narcissism** for Westbrook. She was the Co-executive Producer on Garcelle Beauvais Podcast called **Going to Bed with Garcelle.** She is best known for her producing work on long-time running shows: **America's Next Top Model, Project Runway, Top Chef, The Bachelor, Halloween Wars, Alter Ego,** and **Tampa Baes.** She has served as a Supervising Producer and Senior Producer on reality, docu-series, live events, and live-to-tape formats in the United States.



## What Our PODCAST Episodes Look Like

**01 MOVING IN WITH MY BOYFRIEND - SOLO**  
This week Nina talks organizing when she attempts to take her relationship to the next level by moving in with her boyfriend "Icon". But is there enough room for his sneakers and her vitamix?

### **UPCYCLING WITH CHELSEY CARTER - INTERVIEW**

This week Nina is talking fashion and dieting with clothing designer Chelsey Carter from the hit Bravo Show Project Runway. They talk about upcycling, when it's a good time to purge, and what it was like being on Project Runway.

**02**

**03 PUPPY LOVE WITH TONE BELL - INTERVIEW**  
This week Nina is talking fitness and lifestyle with actor and comedian Tone Bell. They talk about Tone's fur baby Oliver, his dramatic role in the United States vs Billie Holiday, and his questionable relationship status.

**20K**

**NINA'S FOLLOWERS = INSTAGRAM ★ FACEBOOK ★ TWITTER**

*Audience Demographics*

50% Men 50% Women

18 -44 years old

Top Markets: New York + Los Angeles

*Thanks for being here!*